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2016 ANNUAL REPORT





PSS Circle of Care expands to all five boroughs.



PSS has been assisting family caregivers since 2003. Called **Circle of Care**, the emphasis is on creating a relationship with the caregiver and building their capacity to be better caregivers. As a result of a major grant from the NYS Department of Health Alzheimer's Disease Program, PSS Circle of Care has added 15 new staff to serve families struggling to care for someone with Alzheimer's disease or other dementia. The key to Circle of Care's success is that field staff are available and accessible anywhere – whether it's through various Circle of Care Stations located in every borough or in the client's home. This vital service has also been repackaged as **Circulo de Cuidado** for Spanish-speaking clientele, and PSS has started exploring developing initiatives in other languages common in NYC.

PSS Circle of Care now helps several thousand New York City families in all five boroughs meet their caregiving challenges.

If you know somebody struggling to care for someone with Alzheimer's disease or other dementia, have them call 866-665-1713 or email careinfo@pssusa.org.

PSS Circle of Care is supported by grants from the New York State Department of Health Alzheimer's Disease Program and the NYC Department for the Aging.

Coming of Age: building communities of people 50+ who live with passion and purpose.

PSS has been leading **Coming of Age NYC** since 2010. A partnership of a number of local innovative nonprofit agencies, Coming of Age NYC offers workshops to assist older adults in thinking about what they want to do in their second half of life. It also provides training for nonprofits on how to better recruit and utilize Baby Boomer volunteers. Special presentations and networking socials also take place throughout the year. Highlights include the new series entitled **"Living with Passion and Purpose: A Conversation with . . ."**, commencing with a dialogue with entrepreneur Eileen Fisher. Coming of Age NYC also launched **"Discover Your BEST Self: An Introduction to Explore Your Future"**, an hour-long preview that demonstrates the transformational power of the full four-module **Explore Your Future** series.

Coming of Age originated at Temple University in Philadelphia in 2002. In February of 2016, PSS assumed management of the national **Coming of Age** initiative, enabling PSS to continue this vital program and build communities of older adults throughout the country who want to live with passion and purpose.

Visit ComingofAge.org to learn more about this exciting initiative and to sign up for our E-Newsletter.



PSS Centers increase in number and launch PSSLife! University.

At the start of FY 2016, PSS assumed operation of two former NYCHA senior centers and eleven months later began the process of assuming management of a third, increasing the number of centers that PSS manages from six to nine. Located at **King Towers** and **Manhattanville** in Harlem and **Morrisania Air Rights** in the Bronx, they join PSS City Island, Davidson, Harlem Pelham-Fritz, Highbridge, Andrew Jackson, and Parkside Centers.

The goal of all nine PSS Centers is to help older adults stay **healthy, engaged and connected**. To help accomplish this, PSS launched **PSSLife! University**, an innovative, comprehensive program with a university-style curriculum designed to keep older adults healthy, engaged and connected . . . for life! Participants complete core courses in nutrition, computer use, disease management, arts and culture, falls prevention, etc. Regular participation in exercise, social and volunteer activities assures that "graduates" are well equipped to successfully age in place.



Every Single Day at PSS...



150 family caregivers

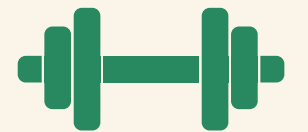
ARE REACHED BY CIRCLE OF CARE

Over 500 hot, nutritious meals



ARE SERVED AT OUR CENTERS

15 fitness/health classes are held at our Centers helping



195 participants

STAY FIT AND HEALTHY

14 creativity/cultural related programs are offered keeping



203 participants

ENGAGED AND CONNECTED



160 hours of volunteer service

ENGAGE OUR MEMBERS AND ENRICH OUR PROGRAMS

300 New Yorkers



RESIDE AT THE PSS/WSF GRANDPARENT FAMILY APARTMENTS AND PSS ALBERT L. ALSTON APARTMENTS