Thank You to our Major Contributors

**Major Supporters ($1000 and above)**
- The Achelis Foundation
- The Barker Welfare Foundation
- The First Presbyterian Church in the City of New York
- LiveOn NY
- Madison Avenue Presbyterian Church
- Older Adults Technology Services (OATS)
- Presbyterian of New York City
- Riverdale Presbyterian Church
- Joan L. and Roade H. Ryan, Jr.
- Elizabeth H. and Jerome B. Schneewind
- The William T. Grant Foundation
- Rutgers Presbyterian Church
- West Side Federation for Senior and Supportive Housing
- William Traylor

**Institutional and Government Funders**
- Bronx Borough President Ruben Diaz Jr.
- NYC Council Member Maria del Carmen Arroyo
- NYC Council Member Inez Dickens
- NYC Council Member James Vacca
- NYC Department for the Aging
- NYC Department of Youth and Community Development
- NYC Service New York State Office for the Aging
- Supportive Housing for Families and Young Adults

**Special Thanks to Rutgers Presbyterian Church for its generous support and donating valuable office space for PSS’ administrative offices.**

**Board of Directors**
- Martha M. Ferry, President
- Alice Hudson, Secretary
- Josephine Cameron
- Josie Lawrence
- Margaret L. McClure
- Carmen Morano
- Elizabeth Schneewind
- Lisa Sisenwein
- Rimas J. Jasin, Executive Director
- Katherine Martinez, Deputy Director
- Barbara Hernandez, Finance Director
- Kimberly Reid, Director of Staff & Volunteer Development
- Kevin Boyette, Digital Resources Coordinator
- Susan Friedman, Communications Coordinator

**How You Can Make a Difference**
- Donate – visit our website to make a secure online contribution
- Volunteer your time to one of our worthwhile programs
- Stay informed – visit our website and sign up for our E-Newsletter

**VISIT US AT WWW.PSSUSA.ORG**
Collaboration happens @ PSS

• 1 in 3 adults aged 65+ falls every year. Falls are the leading cause of fatal and non-fatal injuries for older Americans. In collaboration with LiveOn NY, PSS Andrew Jackson, Parkside and Davidson Centers offered Matter of Balance, an 8-week training. Participants learned how to view falls as controllable. Set realistic goals to increase activity, change their environment to reduce fall risk factors, and practice exercises to increase strength and balance.

Connection happens @ PSS

PSS has entered the digital age in full force in order to better tell its compelling story.

There is a brand new look to our PSS website and digital media. Each Center and Program now boasts its own website where visitors can access detailed information on specific programs, calendars, newsletters, contact information, photographs, and posts of upcoming events. Our thirteen separate websites each tell a very different story, greatly enhancing PSS’ ability to target specific constituents.

Thirteen new Facebook pages, each dedicated to a specific Center or Program, allow followers to engage directly with program staff and one another.

Program and Center outreach has been enhanced via thirteen E-Newsletters. Our PSS E-Newsletter alone reaches thousands of members.

Video … A lively motion graphics video on the PSS website tells our story in 131 seconds. PSS’ YouTube channel features this and other videos about our programs and the people we serve.

Caring happens @ PSS

• With additional funding from the NYC Dept. for the Aging, the PSS Caregivers Services Program doubled in size in 2015. It now provides services and support to family and kinship caregivers in both Manhattan and The Bronx.

• PSS Caregiver Services provided over 1400 hours of respite to caregivers struggling to care for an older family member or a grandchild. Respite provides temporary relief from caregiving, including in-home care, adult day services, or overnights in a nursing home. Respite for grandparent caregivers includes afterschool programs, trips, or summer camp for the grandchild.

• PSS Caregiver Services helped alleviate financial hardship for over 500 families by offering assistance with medical supplies and devices, such as walkers and canes, adult diapers, and Personal Emergency Response Systems.

• After rigorous review, our groundbreaking PSS/WSF Grandparent Family Apartments was selected this year by Generations United to receive their Program of Distinction Designation, a US benchmark for intergenerational programing.

How do we do it?

Serving over 1,000 New Yorkers every single day

1,700 Family and Kinship Caregivers assisted

127,000 hot nutritious meals served in 2015

Over 1,500 exercise and fitness classes

Over 4,700 Arts, Technology, Educational and Nutrition classes

85% of our budget continues to go directly to providing services and programs compared to the 75% average for nonprofits nationwide.

1 Number of People needed to make a difference.