



Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Office Closed Happy New Year!				Computer Room 10am -3pm
8	9	10	11	12
		Manicures by Liz at 1 pm (Arts & Craft Room) 	Comfort Senior Home Day Trip at 12 pm	Tai Chi Fitness Sponsored by Senior Whole Health at 2 pm
15	16	17	18	19
Office Closed Martin Luther King Jr. Day	Arts & Crafts with Maria "Make your own Custom Pins" (Arts & Crafts Room) At 2 pm			<u>Health & Wellness</u> "All about your Health" Sponsored By VNSNY AT 2 PM
22	23	24	25	26
<u>Health & Wellness</u> "All about Nutrition" with Charles Sponsored by United Health Care At 2 pm		Bingo Fun Party Snacks & Prizes (Community Room) At 1 pm		Zumba Fitness with Maria at 2 pm 
29	30	31	 	
		January Birthday Celebration At 2 pm 		