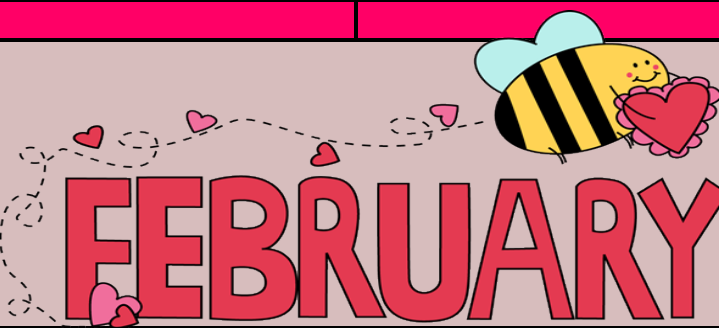
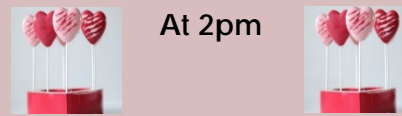
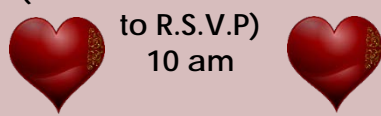







Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
 <h1>FEBRUARY</h1>		<p><u>MEMO/REMINDER</u> *Computer Lab Open Daily* 9am-5 pm</p>		
5	6	7	8	9
	<p><u>Arts and Craft</u> Let's make Chocolates! Valentine's Theme At 2pm</p> 		<p><u>Health & Wellness</u> "Let's make Smoothies" Sponsored by SWH AT 2 PM</p>	<p>CRE Adult Day Care Valentine's Party (Please see Coordinator to R.S.V.P) 10 am</p> 
12	13	14	15	16
<p>Sing Along with Rev. Annette at 2 pm</p> 		<p><u>Bingo Party</u> (Prizes Refreshments/Snacks) At 1 pm</p> 		<p>Fitness Zumba With Maria At 2pm</p> 
19	20	21	22	23
<p><u>Health & Wellness</u> Nutrition Seminar with Charles (Plant Hero) What exactly are you eating? At 2 pm</p>			<p>Black History Celebration at 1PM-3PM</p> 	
26	27	28		
<p>Free Blood Pressure Screenings Sponsored by United Health Care At 2pm</p> 		<p>Chair Fitness with Tommy Sponsored by VNSNY Choice At 2 PM</p>	<p>PSS ALBERTA L. ALSTON HOUSE 52-09 99th Street Corona, NY 11368 (718) 271-0245 Sponsored by PSS - Funded by HUD</p>	

