



PSS Alberta L. Alston House
Health & Wellness Workshop

“OSTEOPOROSIS”

Thursday, April 13th, 2017

12pm ~ 12:30pm: Korean

12:30 PM ~ 12:50 PM: Q & A, Play Bingo

1:00pm ~ 1:30 pm: English

1:30 PM ~ 2:00 PM: Q & A, Play Bingo



SUPPORTED BY: X-TREME CARE TEAM