



Invites you to  
**Free Drum Class**  
**Every Wednesday at 1pm**



**Classes Start September 7, 2016**  
Classes will be held in the Community Room  
Free for Everyone to Attend!  
Register Today for Class!



**Sing-A-Long w/  
Rev. Dr. Anette I. Westerman**



**September 12, 2016**

**1pm**

Free for Everyone to Attend  
Sing-A-Long will be held in the  
Health & Wellness Room



**“How can Xtcare help me?”**



**September 20, 2016**

**1pm**

**Community Room**

Join us for an informative workshop on new program Xtcare is offering to the tenants of Alberta L. Alston House. Workshop will be translated in Korean and Spanish  
Free for Everyone to Attend

# “Healthy Aging Fair”



**September 24, 2016**

**11am - 2pm**

**Community Room/Backyard**

**Free for Everyone to Attend**

**\*Free Give-A-Ways! Raffles! Lunch and More!**

**Sponsored by**





## **Food Shopping Trip**



**September 14, 2016**

9:15am (Meet in the Lobby)

\$2 Roundtrip (Pay Driver)

Sign-up Today!