

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
		<u>Health & Wellness</u> "Asian Thanksgiving Part 2" Sponsored by Senior Whole Health at 2pm	<u>Health & Wellness</u> Nutrition "Healthy Eating" Seminar Sponsored by Integra at 2 pm	
9	10	11	12	13
Office Closed Happy Columbus Day!	<u>Health & Wellness</u> "All about Home Care" Sponsored by Home Care 365 at 2 pm		BINGO GAME (Raffles/Prizes) Sponsored by Xtreme Care At 2 pm 	<u>Arts & Crafts</u> Chocolate Arrangements Fall/Halloween Theme with Maria at 2 PM
16	17	18	19	20
		Smoothies Nutrition At 2 pm Sponsored by SWH	Nails/Manicures By Liz 1 Pm 	Westchester Broadway Trip "Annie Get Your Gun" At 10 am <u>Lunch Day</u> at 12 pm (Community Room)
23	24	25	26	27
<u>Social Fun Day</u> Puzzles/Games/Trivia 12-3 pm	PSS Open House Celebration 2pm - 6 pm 	<u>October Birthday Party</u> Sponsored by Asian Community at 2 pm 		PSS Life University Seminar at 2 pm (Community Room)
30	31	PSS ALBERTA L. ALSTON HOUSE 52-09 99 th Street Corona, NY 11368 (718) 271-0245 Sponsored by PSS Funded by HUD		
	Happy Halloween! 			